|  |  |
| --- | --- |
| Food: | Strawberry |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Suggested Brands | Size / Weight (g) | Number of Calories  (Kcal) | Saturated Fat (g) | Carbohydrate (g) | Pack  Price  (£0.00) |
| Supermarket Fresh | 400 | 30 | 0.01 | 6 | 2.89 |
| Locally Grown / Market | 350 | 32 | 0.01 | 7 | 1.50 |
| Organic Fresh | 350 | 34 | 0.01 | 7.6 | 3.50 |

Per 100g Rather Than Pack

Supermarkets Tested

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| ASDA | Tesco | Morrisons | Sainsburys | Waitrose | Able & Cole | ICELAND |
| YES | Similar | Similar | Similar | Similar | Similar | YES |

*N/A Indicates Either Nutrition Information Not Available on the Company’s Website or the Company Doesn’t Supply This Brand*